

# Crystal Energy Sessions



**Crystals can be used to facilitate healing** A person who is experiencing discomfort or challenging life situations may participate in a Crystal Energy Session to gain more clarity and also more wellbeing. We believe that any condition or situation is the result of previous life choices or energetic circumstances. Each person can, by gaining insight into their situation, be empowered to take action and make new choices for themselves.

## What do Crystals do?

Crystals are not 'doing' anything! Instead they act as resonators of specific vibration, in the same manner that a tuning fork can be used to tune a musical instrument. A facilitator can provide the service of attunement with crystals, with the intention to gain balance and create an opportunity to allow stagnant patterns of energy to release. A system in balance is also healthy.

## Our multi dimensional bodies

Our bodies consist of much more than just the physical part. Our being includes our emotions, thinking and non-physical aspects



**margherita** is a Crystal Healing Arts Facilitator specializing in Gems and Crystals for healing and meditation. She has studied with Katrina Raphaell in Hawaii, and has taught the Art of Crystal

Healing in Canada since 1997. margherita is an artist and intuitive healer, who has recreated the ancient art of Gem Weaving, where she creates intricate crystal combinations made into Crystal Talisman necklaces, which can provide profound transformation when actively worked with.

such as: the *aura*, *meridians* and *chakras*. Practitioners of holistic medicine attempt to look at the entire being as a whole, in order to address the healing of disease or illness.

## Crystal Healing

In Crystal Healing, a facilitator directs energy to areas of the body where misalignment occurs, thereby facilitating a shift and consequently healing becomes possible. By applying Crystals to the area, the inherent vibration of the crystals and the energy of the facilitator may move blocked energy. The result is change, a place from where new choices can be made.

Crystals can be seen as spiritual tools or lenses, that when being used with clear intent can focus the required energy and frequency needed for necessary 'shifts' to manifest primarily in the mental or emotional aspects. The Crystal Lotus offers courses in Crystal Healing for interested students.

## Gifts from Earth

Crystals and Gems are unique treasures of the Earth that have been used since ancient times. Their purpose traditionally was to provide protection, heal an illness or to empower



Crystal Colour  
Life Spiral Talisman

the user. The fundamental property of Crystals is that they can hold their form, vibration and brilliance for extreme lengths of time. The age of a Quartz Crystal can be 400 million years.

## Crystal Energy Sessions

In the session a personal Crystal Talisman may be created. Depending upon intent, a person using a Crystal Talisman can make rapid progress on their particular journey.

**Crystal Colour Life Spiral Talismans** brought forth by margherita, is the most recent advance in the area of Crystal Technology. Eight aura colors are tested for accumulation or depletion and Crystals are then selected to

## What is a Crystal Talisman?

A Crystal Talisman is an intuitively and artfully created sacred object, comprising Crystals in combination, made into a necklace or worn in a medicine pouch. It is usually made into a pendant using silver or gold wire, that can be worn on a cord or a chain. Crystal Talismans, created with intention have been demonstrated to profoundly effect and enhance the self healing process. It is up to each person to state an intention and take responsibility for their healing. margherita creates each Talismans to support each individual on their journey to healing and wellbeing.

provide balance or stimulation and individually placed in a *Fibonacci* Spiral pendant, that is worn for a minimum of 3 months.

Chakra Anointing can be part of a Crystal Energy Session or as a separate Chakra Balancing Session. An ayurvedic aromatherapy oil-blend is applied to each of the seven chakras on the body with a Crystal wand.

## Fees:

Crystal Talisman Session (\$150) includes; Crystal Color Test, Crystal Talisman, Reading & Instruction. (Free Re-Test can be done after 3 months).

Crystal Healing Session (\$130)

Allow 1½-2 hours.

Crystal Reading or other consultation (\$1 per minute) Minimum 30 minutes.

Add applicable taxes. Visa, M/C & AmEx accepted.

Contact margherita or visit The Crystal Lotus website to find more information about working with Crystals.

Presented by  
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